

NO MASKS  
REQUIRED



## END OF FINANCIAL YEAR REMINDER

### DONATE TO THE ADHD NATIONAL HELPLINE



ADHD Foundation is a "not for profit" Charity with a 100% volunteer workforce. run by passionate volunteers.

**Tax time is here - now is the time to donate to a very worthy cause**  
You click here to **[DONATE NOW](#)**

We are proud to provide a variety of services to support families, adults and the ADHD community including the newly established ADHD National Helpline.

**The need for an ADHD National Helpline is so great, that prior to any promotion, we are receiving an average of 166 calls per week plus email and messages. Enquiries are responded to by a small team of dedicated and qualified trained counsellors who volunteer their time. Once promoted we estimate calls to increase by at least 50%**



"EVERYONE DESERVES THE CHANCE TO SHINE"

Register to stay up to date with news and information at  
[WWW.ADHDFFOUNDATION.ORG.AU](http://WWW.ADHDFFOUNDATION.ORG.AU)



The National ADHD Helpline is NOT funded through government funding and operates with the help of our passionate and generous donors and supporters. For this, we thank you most sincerely. All donations over \$2.00 are tax-deductible.

Your donation will help to support the ADHD Foundation Helpline services. Your donation will go towards building and expanding the ADHD National Helpline so that more people can access the support they desperately need.  
**[Click here to donate](#)** Thank you.

