

FACE TO FACE EVENT - SYDNEY



IN PERSON EVENT - ADULT GET TOGETHER

TOPIC: CONNECTION BETWEEN EATING DISORDERS AND ADHD

Speaker Lindy Hades - Psychotherapist

Lindy Hades is a psychotherapist based in Sydney who specialises in ADHD and ASD. She also has experience working with people with eating disorders.

ADHD Foundation invites adults with ADHD to an informal seminar with guest speaker Lindy Hades, Psychotherapist who will share her knowledge on the intersection between ADHD and eating disorders. Lindy will explore the process of diagnosis, treatment and helpful strategies to manage symptoms of ADHD and eating disorders.

The seminar will be followed by afternoon tea and an opportunity to connect with other people in the ADHD community.

Date and Time:

Saturday 22nd July 2023

Time: 2pm to 4pm

Location:

The Gaelic Club 1/64 Devonshire Street Surry Hills

Convenient Location: Right next to Central Station

Light Rail stops right outside the door of the club.

PRICE \$15.00

LIMITED NUMBERS

BOOK HERE



BOOK
NOW

For enquiries about this event contact events@adhdfoundation.org.au