



ADHD
Foundation



SafeZone
COUNSELLING

Proudly presents the program:



2024 Program Dates: Terms 1–4

6 Week Group Programs

Location: Hillview Intercultural Community Centre, 1-3 Hill View Place, Bentley, WA [Google Maps link here](#)

A SIX WEEK PROGRAM - TERM 1 2024		
Mondays 4pm – 6pm	Wednesdays 4pm – 6pm	Saturdays 10am – 12pm
A COMBINED PARENT-CHILD (CPC) PROGRAM <i>Ages 7 – 10 with a parent</i>	TWEEN PROGRAM <i>Ages 11 – 13</i>	PARENT PROGRAM <i>For parents of children with ADHD</i>
<u>T1 Session 1: Monday 12th February</u> T1 Session 2: 19 th February T1 Session 3: 26 th February T1 Session 4: 4 th March T1 Session 5: 11 th March T1 Session 6: 18 th March	<u>T1 Session 1: Wednesday 14th February</u> T1 Session 2: 21 st February T1 Session 3: 28 th February T1 Session 4: 6 th March T1 Session 5: 13 th March T1 Session 6: 20 th March	<u>T1 Session 1: Saturday 17th May</u> T1 Session 2: 24 th February T1 Session 3: 2 nd March T1 Session 4: 9 th March T1 Session 5: 16 th March T1 Session 6: 23 rd March
A SIX WEEK PROGRAM TERM 2 2024		
Mondays 4pm – 6pm	Wednesdays 4pm – 6pm	Saturdays 10am – 12pm
A COMBINED PARENT-CHILD (CPC) PROGRAM <i>Ages 7 – 10 with a parent</i>	TEEN PROGRAM <i>Ages 14 – 17</i>	YOUNG ADULT PROGRAM <i>Ages 18 – 35</i>
<u>T2 Session 1: Monday 29th April</u> T2 Session 2: 6 th May T2 Session 3: 13 th May T2 Session 4: 20 th May T2 Session 5: 27 th May T2 Session 6: 3 rd June	<u>T2 Session 1: Wednesday 1st May</u> T2 Session 2: 8 th May T2 Session 3: 15 th May T2 Session 4: 22 nd May T2 Session 5: 29 th May T2 Session 6: 5 th June	<u>T2 Session 1: Saturday 4th May</u> T2 Session 2: 11 th May T2 Session 3: 18 th May T2 Session 4: 25 th May T2 Session 5: 1 st June T2 Session 6: 8 th June

Please see terms 3 & 4 on following page...

SafeZone COUNSELLING™ proudly presents the program:



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For more details, please get in touch with office@adhdfoundation.org.au

Medicare rebate if eligible with a valid referral, which must be supplied with a Mental Health Care Place before commencement of the program. This course is proudly presented by Grace Da Camara from Safe Zone Counselling and ADHD Foundation Australia Charity No: (16 619 001 848)



2024 Program Dates: Terms 1-4

6 Week Group Programs

Location: Hillview Intercultural Community Centre, 1-3 Hill View Place, Bentley, WA

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A SIX WEEK PROGRAM TERM 3 2024		
Mondays 4pm – 6pm	Wednesdays 4pm – 6pm	Saturdays 10am – 12pm
A COMBINED PARENT-CHILD (CPC) PROGRAM <i>Ages 7 – 10 with a parent</i>	TWEEN PROGRAM <i>Ages 11 – 13</i>	PARENT PROGRAM <i>For parents of children with ADHD</i>
T3 Session 1: Monday 29th July	T3 Session 1: Wednesday 31st July	T3 Session 1: Saturday 3rd August
T3 Session 2: 5 th August T3 Session 3: 12 th August T3 Session 4: 19 th August T3 Session 5: 26 th August T3 Session 6: 2 nd September	T3 Session 2: 7 th August T3 Session 3: 14 th August T3 Session 4: 21 st August T3 Session 5: 28 th August T3 Session 6: 4 th September	T3 Session 2: 10 th August T3 Session 3: 17 th August T3 Session 4: 24 th August T3 Session 5: 31 st August T3 Session 6: 7 th September

A SIX WEEK PROGRAM TERM 4 2024		
Mondays 4pm – 6pm	Wednesdays 4pm – 6pm	Saturdays 10am – 12pm
A COMBINED PARENT-CHILD (CPC) PROGRAM <i>Ages 7 – 10 with a parent</i>	TEEN PROGRAM <i>Ages 14 – 17</i>	YOUNG ADULT PROGRAM <i>Ages 18 – 35</i>
T4 Session 1: Monday 21st October	T4 Session 1: Wednesday 23rd October	T4 Session 1: Saturday 26th October
T4 Session 2: 28 th October T4 Session 3: 4 th November T4 Session 4: 11 th November T4 Session 5: 18 th November T4 Session 6: 25 th November	T4 Session 2: 30 th October T4 Session 3: 6 th November T4 Session 4: 13 th November T4 Session 5: 20 th November T4 Session 6: 27 th November	T4 Session 2: 2 nd November T4 Session 3: 9 th November T4 Session 4: 16 th November T4 Session 5: 23 rd November T4 Session 6: 30 th November

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