



Group Therapy Programs What lies Beneath 2025 Schedule:

This program has been operating very successfully in Western Australia for the past 4 years and now the program has now been made available across Australia. Program Delivery will be live Online:

Program Delivery time will be 5pm NSW/ACT/VIC/ TAS (in WA 2:00 PM in Summer, 3:00 PM in Winter)

Duration: 6 weeks, 90 minutes per session. [Outside of these States check your time zone here](#)

1. Age Group (Age 7-10) Parent and Child

Term 1	Tuesdays	Feb 18 th	Feb 25 th	Mar 4 th	Mar 11 th	Mar 18 th	Mar 25 th
Term 2	Tuesdays	May 6 th	May 13 th	May 20 th	May 27 th	June 3 rd	June 10 th
Term 3	Full	Full	Full	Full	Full	Full	Full
Term 4	Tuesdays	Oct 28 th	Nov 4 th	Nov 11 th	Nov 18 th	Nov 25 th	Dec 2 nd

2. Age Group (Age 11-13) Tweens Program

Program Delivery time will be 5pm NSW/ACT/VIC/ TAS (in WA Time: 2:00 PM in Summer, 3:00 PM in winter)

Duration: 6 weeks, 90 minutes per session

Term 1	Wednesdays	Feb 19 th	Feb 26 th	Mar 5 th	Mar 12 th	Mar 19 th	Mar 26 th
Term 2	Wednesdays	May 7 th	May 14 th	May 21 st	May 28 th	June 4 th	June 11 th
Term 3	Full	Full	Full	Full	Full	Full	Full
Term 4	Wednesdays	Oct 29 th	Nov 5 th	Nov 12 th	Nov 19 th	Nov 26 th	Dec 3 rd

3. Age Group (14-17) Teens Program

Program Delivery time will be 5pm NSW/ACT/VIC/ TAS (in WA Time: 2:00 PM in Summer, 3:00 PM in Winter) Duration: 6 weeks, 90 minutes per session

Term 1	Thursdays	Feb 20 th	Feb 27 th	Mar 6 th	Mar 13 th	Mar 20 th	Mar 27 th
Term 2	Thursdays	May 8 th	May 15 th	May 22 nd	May 29 th	June 5 th	June 12 th
Term 3	Full	Full	Full	Full	Full	Full	Full
Term 4	Thursdays	Oct 30 th	Nov 6 th	Nov 13 th	Nov 20 th	Nov 27 th	Dec 4 th

